

## Manual Handling Awareness

Study Mode: Part-time | Course Level:

### Is this course right for me?

This course is suitable for any employee from any sector requiring basic manual handling awareness. For example: warehouse and factory staff, office workers, machine operatives, delivery drivers and construction workers.

The course runs for 3 hours at a time convenient to you.

### Entry Requirements

There are no formal entry requirements just a good understanding of spoken and written English.

### What will I learn?

Principles of Legislation, lifting techniques, employer and employee responsibilities.

### What skills will I gain?

An increase in awareness and skills in manual operations. The course is ideal for delivery as part of an employee induction programme.

### How will I be assessed?

There is an optional assessment test or alternatively a College Certificate of Attendance will be issued

### What can I do next?

There are various other Health and Safety course to explore both short half-day and longer courses such as IOSH, Neboosh and NVQ's.

### Delivery

**Location:** Telford Campus

**Start Date:** on a day convenient to you

**Day:** Various

**Time:** at a time convenient to you

**Course Fee:**

**Course Code:**

**Study Mode:** Part-time

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