# Course Information



## **Horizon 1**

Study Mode: Full Time Programme Component | Course Level:

### Is this course right for me?

Our aim of the Futures curriculum team is to:

- Celebrate independence, employability and inclusion
- Ensure each young person has maximised opportunity to progress to independent adult lives
- Develop each individual's character so they're ready for their future, building upon their personal strengths and developing their core employability skills needed by our local economy

The Horizon 1 course is designed for students with complex learning needs with the aim of preparing them for independent active living in a supported or residential setting. The duration of the course is 1-3 years depending on academic progress.

The course will focus on the development of personal skills and knowledge to enable the student to look after themselves and make a positive contribution to the community, become empowered to make decisions about their own life, and develop the confidence, motivation and resilience to overcome any barriers they may have.

Throughout the course tutors will work closely with families, carers and other services to create a smooth transition from college to supported living, employment-related opportunities such as voluntary work, day services as relevant to the student's needs.

### **Entry Requirements**

There are no formal entry requirements for this course.

#### What will I learn?

Through a combination of individual one-to-one sessions, and group activities to enable students to engage with their peers, students will develop communication and interaction skills - using signing and symbols as required - as well as the ability understand and express their wants and needs as independently as possible.

Where possible, students will be expected to play an active role in their study programme, working closely with their Tutor to make choices about their learning and work towards personalised outcomes which will enable them to progress. For some learners these choices can involve parents/carers and other professionals working with the student.

### What skills will I gain?

Individual one-to-one sessions will be based on targets identified in the student's initial assessment and may include:

- Developing choices
- Community access
- Independent living
- Self-care and self-regulation skills
- Identifying leisure activities
- Improving English, maths and digital ICT skills

#### Group sessions include:

- Work-related learning
- Art and creative expression
- The world around us
- Personal and social development
- Keeping fit and healthy
- Social and community action

#### How will I be assessed?

At the start of the programme all students have an initial assessment that will assess their starting points, and will be assessed on an ongoing basis against their baselines.

Tutors will agree targets with them to enable them to work towards meeting any Educational, Health Care Plan (EHCP) outcomes that they might have.

Thwy will be assessed against a Recognising and Recording Progress and Achievement (RARPA) framework and, along with parents/carers where appropriate, will meet with their tutor on a termly basis to review progress towards their personal outcomes, and to look forward to advancing towards their next steps.

#### What can I do next?

Students who have shown academic progress can move on to the Horizon 2 course

### Why study with us?

The programme is taught in small groups (between 6-10 learners) with at least one specialist tutor and one learning support assistant always present in the classroom.

Dependent on the individual level of need support can include:

- Dedicated support worker providing one-to-one support at all times
- Assistance from support workers during breaks and lunchtimes to help with buying snacks and meals
- Personal support to keep vulnerable young people safe during breaks and lunchtimes
- Assistance in the classroom eg with reading or the use of communication aids
- · Personal care if required

By joining us, students can play a part in shaping the Futures community alongside like-minded people. They will be able to play a key role within our positive environment which is founded upon

high aspirations of success, independence and employability.

We will give them the skills and opportunities to progress towards the next step of their journey as they progress towards adulthood.

## **Delivery**

**Location:** Wellington Road Campus

**Start Date:** 02/09/2025

Day: Time:

Course Fee:

Course Code: CP0093

**Study Mode:** Full Time Programme Component

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