

## Directions

Study Mode: Full Time Programme Component | Course Level:

### Is this course right for me?

The aim of the Futures curriculum team is to:

- Celebrate independence, employability and inclusion
- Ensure each young person has maximised opportunity to progress to independent adult lives
- Develop each individual's character so they're ready for their future, building upon their personal strengths and developing their core employability skills needed by our local economy

The Directions programme is designed for students working between Entry Levels 1 and 2 (pre GCSE) and aims to provide them with core employability skills so that they can progress to further learning and/or employment and live independently.

The programme has been developed around the Preparation for Adulthood agenda to promote young people's employability, independence, good health, independent living, friends, relationships and community inclusion.

The course covers a variety of topics. Students will take part projects to enhance their employability, independence, communication, teamworking, social and community action skills and digital ICT skills. Student will develop their understanding of how to access and use community facilities, use transport and improving shopping and budgeting skills.

### Entry Requirements

To access this course students are required to have achieved an Entry Level 1 qualification.

### What will I learn?

The course covers the following areas:

- Developing employability and independence
- Developing motivation and resilience
- Developing problem solving and self-regulation skills
- Community skills
- Enrichment activities
- Maths, English and digital ICT
- Social and community action

Students will be expected to play an active role in their study programme, working closely with their tutor to make choices about their learning and to work towards personalised outcomes which will enable them to progress. For some learners these choices can involve parents/carers and

other professionals working with the student.

## **What skills will I gain?**

Throughout the course the student will:

- Develop essential employability and independence skills
- Develop and awareness of health, safety and hygiene in employment and the home
- Learn about healthy eating, costs and budgeting, food handling and storage, equipment safety
- Develop independent living skills
- Develop skills in decision making, communication, organisation, shopping, travel and using money
- Develop communication and independence skills through taking part in a community skills projects

## **How will I be assessed?**

At the start of the programme students will have an initial assessment to review their starting points, aspirations and personal goals, and will be assessed on an ongoing basis against their baselines.

Tutors will agree targets with the student to enable them to work towards meeting any Educational, Health Care Plan outcomes that they might have. They will be assessed against a Recognising and Recording Progress and Achievement (RARPA) framework and, along with parents/carers where appropriate, will meet with their tutor on a termly basis to review progress towards personal outcomes, and to look forward to advancing towards the next steps.

Some students will take part in English and Maths assessments which will enhance their ability to progress academically - these will only be considered when appropriate for each individual learner.

## **What can I do next?**

'Upon completion students can move on to a Futures pathways course subject to suitability.

Other students may benefit more from transitioning to employment related activities such as a volunteering placement or further learning opportunities.

Staff at the college will work with families and local authority representatives to support all options available.

## **Why study with us?**

The programme is taught in small groups (between 6-10 learners) with at least one specialist tutor and one learning support assistant always present in the classroom.

Dependent on the individual level of need support can include:

- Dedicated support worker providing one-to-one support at all times
- Assistance from support workers during breaks and lunchtimes to help with buying snacks and meals
- Personal support to keep vulnerable young people safe during breaks and lunchtimes

- Assistance in the classroom - eg with reading or the use of communication aids
- Personal care if required

By joining us, students can play a part in shaping the Futures community alongside like-minded people. They will be able to play a key role within our positive environment which is founded upon high aspirations of success, independence and employability.

We will give them the skills and opportunities to progress towards the next step of their journey as they progress towards adulthood.

## Delivery

**Location:** Wellington Road Campus

**Start Date:** 02/09/2025

**Day:**

**Time:**

**Course Fee:**

**Course Code:** CP0088

**Study Mode:** Full Time Programme Component

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